

First Communion at First United Lutheran Information

Holy Communion is a sacred meal in which Christ comes to us in bread and wine, bringing grace, love, and forgiveness. When he first shared this meal with his disciples, Jesus said, "This is my body given for you... This is my blood, shed for you." We believe those words to be true. Christ is truly present in Holy Communion.

At First United we are excited to provide instruction and schedule First Communion this year for our 6:30 pm Thursday Evening Service and our 8:30 or 10:30 am Sunday Morning Services.

We will celebrate First Communion as we do Baptisms. Which means that they can occur at any time during the year. Families can now decide when it is appropriate and what works for the convenience of your family. A one hour family instruction session will be offered for families before we schedule the date and service for your child's First Communion. Please contact Mary Gorges mary@firstunitedelca.org to set up a time.

During these sessions your child will mold their own chalice or pick out a pre-made chalice, taste the wafer/juice/wine, and have an age appropriate conversation about communion. We hope these more informal and conversational sessions will give a basic understanding of this sacrament and be a foundation as we all continue to learn and grow in our relationship with God.

At this session we will also schedule the worship service when your child's First Communion will take place. At this time we will be able to celebrate 2 families and their children's First Communion at each worship service, so it is important to schedule your instruction session at least 2-3 weeks before your chosen date. Worship Services that we will not offer First Communion would be Christmas Eve, Lenten Wednesdays, Good Friday, and Easter services.

Students (along with their families) receiving their First Communion will be seated in the West or East sections of the sanctuary located by the stained glass windows in the front of the sanctuary. Your child's chalice & individual wafer will be ready for them on a small table located directly in front of the pew. As the rest of the congregation will come forward for communion after your child will be given their communion by either Pastor Todd or Pastor Tina.

If you have any questions, please reach out to Mary Gorges, Children & Family Director as she is coordinating this instruction and responsible for coordinating First Communion celebrations to be held during worship services. mary@firstunitedelca.org